



California Institute
of Integral Studies

The
university where
TRANSFORMATION
begins

415.575.6154 || www.ciis.edu

1453 Mission Street || San Francisco, CA 94103

imagine

being a part of a close-knit, progressive community that shares a deep commitment to social justice and spiritual growth.

discover

yourself exploring new worlds and ideas as part of an integral education that considers the interconnectedness of mind, body, and spirit.

thrive

in small classes that allow for meaningful engagement between students and professors who are leaders in their fields.

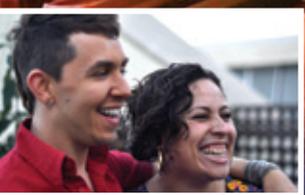
CIIS is an innovative, forward-thinking university based in the dynamic Mid-Market District of San Francisco.



At California Institute of Integral Studies (CIIS), you delve deeply into issues vital to you and to today's world. You cultivate skills to create change and make meaningful contributions socially, politically, and culturally—all while transforming yourself and your understanding of the world.

At the University, you can:

- Study with internationally recognized faculty in a small-class setting
- Build your capacity as a healer, changemaker, scholar, and community leader
- Pursue a one-of-a-kind course of study in an academically rigorous setting
- Gain professional skills through practicums and internships
- Immerse yourself in new and established communities, collaborating on projects you are passionate about
- Train with experienced clinicians at one of our award-winning counseling and acupuncture centers
- Create lasting relationships with faculty and fellow students
- Enjoy lectures, concerts, art exhibitions, and performances



CIIS at a glance

Established in 1968

Accredited by the Western Senior College and University Commission (WSCUC)*

Accredited by ACAOM (Accreditation Commission for Acupuncture and Oriental Medicine)

Federal financial aid and scholarships available

ENROLLMENT

1,516

Fall 2016

69%

women

33%

students of color

7%

international students

FACULTY

84

core faculty

54%

women

29%

faculty of color

ALUMNI

+6,970

LAURANCE S. ROCKEFELLER LIBRARY

A light-filled, welcoming space that houses our unique and extensive digital and print collections. Dedicated research librarians are on hand to assist you one-on-one.

- More than 167,000 books (print and digital)
- 150 print journals
- 13,000+ digital journals
- 2,200 multimedia titles

10 AWARD-WINNING COUNSELING AND ACUPUNCTURE CENTERS

- Mind, body, and spirit approaches
- Wide range of therapeutic orientations
- Affordable community-based mental health care and acupuncture services

CAMPUS GROUPS

More than 10, including:

- POC Thrive
- Queer@CIIS
- Integral Taiji & Qigong
- AWARE
- CIIS Zen
- Coniunctio



“It was life-changing. Through my studies I learned to honor myself as a woman of color, navigate how the world around me was or was not in alignment with my feminist ideals, and my eyes were opened to the intersectional experience of others. This was also the first time I experienced myself within academia—something I feared and a place I never thought I belonged in the past.”

—Katie Nuñez
Interdisciplinary Studies (BA '15)
Current Drama Therapy (MA) Student



Are you ready?

Join the ranks of CIIS students and alumni who are making vital contributions to their communities as innovators, healers, activists, and entrepreneurs.

Think and act in the world with compassion and leadership while working as a therapist, instructor, coach, acupuncturist, or nonprofit director.

Let's go!

www.ciis.edu/admissions



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CIIS offers a variety of graduate and undergraduate degrees within four different schools:



1 School of Undergraduate Studies

Bachelor's Degree Completion Program (BA)

- Interdisciplinary Studies
- Interdisciplinary Studies with a minor in Critical Psychology

2 School of Professional Psychology and Health

Clinical Psychology (PsyD)

Counseling Psychology (MA)

- Community Mental Health
- Drama Therapy
- Expressive Arts Therapy (residential or online hybrid)
- Integral Counseling Psychology
- Somatic Psychology

Online Degree Programs

Expressive Arts Therapy (MA) (residential or online hybrid)

Integrative Health Studies (MA) (online hybrid)

3 School of Consciousness and Transformation

Anthropology and Social Change (MA, PhD)

- Anthropology and Social Change (PhD) with China Studies (MA)

East-West Psychology (MA, PhD)

MFA Programs (MFA)

- Creative Inquiry, Interdisciplinary Arts
- Writing and Consciousness

Philosophy, Cosmology, and Consciousness (MA) (residential or online)

Philosophy and Religion

- Asian Philosophies and Cultures (MA, PhD)
- Ecology, Spirituality, and Religion (MA, PhD)
- Philosophy, Cosmology, and Consciousness (PhD)
- Women's Spirituality (PhD)

Women, Gender, Spirituality, and Social Justice (MA)

Online Degree Programs

Integral and Transpersonal Psychology (PhD)

Philosophy, Cosmology, and Consciousness (MA)

Transformative Leadership (MA)

Transformative Studies (PhD)

4 American College of Traditional Chinese Medicine (ACTCM)

Acupuncture and Chinese Medicine (DACM)

Doctor of Acupuncture and Oriental Medicine (DAOM)

Traditional Chinese Medicine (MSTCM)

Transitional Doctorate in Acupuncture and Chinese Medicine (DACMt)



1

School of Undergraduate Studies

The Zen Garden

Bachelor's Degree Completion Program (BA)

Founded in 1993, the program provides a liberal arts education with an emphasis on social justice and social change, using integrative, interdisciplinary, and collaborative learning approaches.

- Complete your bachelor's degree in three to four semesters, saving time and money through guaranteed access to courses and a fixed tuition rate.
- Combine your learning goals and interests with our curriculum, while building your capacity for collaboration in a group learning environment.
- Develop a personalized academic plan with an academic advisor.
- Integrate your studies with your work and life commitments in a weekend and online study format.

Length of program

3-4
semesters

Units

36-60

(depending on number of transfer units)

Format

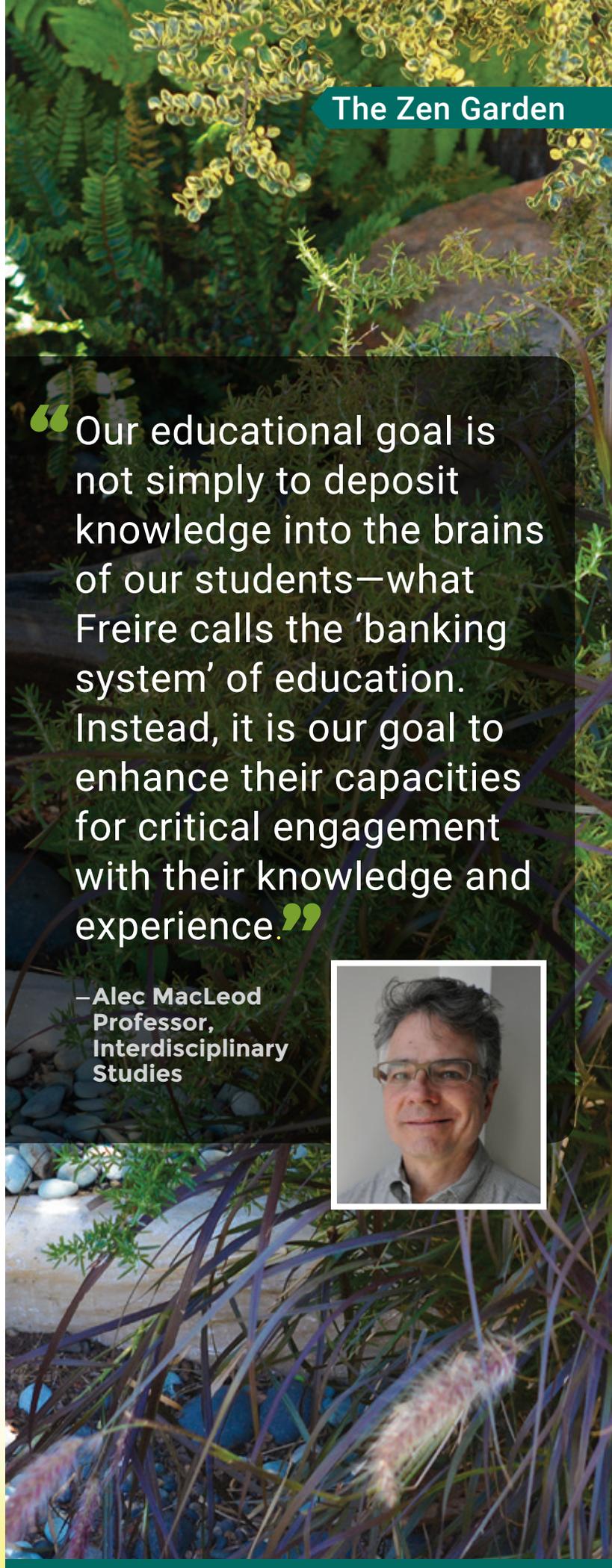


In-person weekend meetings and online learning (Fall, Spring, and Summer)

www.ciis.edu/bac

“Our educational goal is not simply to deposit knowledge into the brains of our students—what Freire calls the ‘banking system’ of education. Instead, it is our goal to enhance their capacities for critical engagement with their knowledge and experience.”

—Alec MacLeod
Professor,
Interdisciplinary
Studies



2

School of Professional Psychology and Health

The Library

Clinical Psychology (PsyD)

The program offers a unique blend of broad and general clinical training with relational and holistic components.

- Prepare for a professional, versatile, and practice-focused career in clinical psychology.
- Experience a curriculum thoughtfully linked to hands-on clinical training in well-established San Francisco Bay Area agencies.
- Connect to the importance of diversity through required courses in Culture and Ethnicity, Gender and Sexuality, Religion and Spirituality, Buddhism and Psychotherapy, and Neuroscience and Spirituality.
- Engage in reflective practices that support lifelong professional development.

Length of program

5 years

(3 years of coursework,
1 year internship,
1 year dissertation)

Units

90

Format



Weekdays
(Fall, Spring, and Summer)

www.ciis.edu/psyd



“CIIS has become my home away from home. The level of respect and attention to the student is something that I will always cherish. The staff and faculty in the PsyD program have given me their support and dedication to help me utilize my potential, continue my progress, and reach my success.”

– Julio Gonzales-Amez
Student,
Clinical Psychology



Become a licensed counselor or psychotherapist.

WE'VE BEEN PREPARING STUDENTS TO BECOME PSYCHOTHERAPISTS FOR MORE THAN 30 YEARS.

CIIS graduates consistently have one of the highest pass rates in California for the Marriage and Family Therapist (MFT) licensure exam.*

Our five Master of Arts in Counseling Psychology (MCP) degree programs teach you the theory and practical clinical skills necessary for your career as a counselor or psychotherapist, within a perspective of holistic integration.

The MCP program is the unifying structure for the five unique options at CIIS to pursue a master's degree in Counseling Psychology. Each program will prepare you for your career as a psychotherapist in private or community practice.

The foundation of the MCP program is a commitment to education and training that combines state-of-the-art theory with comprehensive and thorough clinical training. MCP works closely with accrediting agencies and local and national professional organizations to ensure that CIIS students are ready for the jobs and careers they choose.

We have six training clinics and a Field Placement Office that oversees more than 160 practicum sites, affording students the opportunity to develop as future therapists serving the Bay Area and broader communities.

CHOOSE FROM THE FOLLOWING FIVE CONCENTRATIONS IN COUNSELING PSYCHOLOGY:

Community Mental Health

Drama Therapy

Expressive Arts Therapy

Integral Counseling Psychology

Somatic Psychology

* 94% pass rate on the standard examination in 2015. See www.bbs.ca.gov/exams/exam_stats.shtml.

Counseling Psychology (MA): Community Mental Health

The program trains master's-level clinicians in the specialized skills necessary to work as mental health providers in public and community mental health settings.

- Develop an expertise in state-of-the-art theory and practice in psychotherapy through combined classroom and clinical education in humanistic mindfulness, family systems, and psychodynamic therapies.
- Train in recovery and resiliency models of mental health that draw on liberation, critical, and community psychologies.
- Practice from a client-centered perspective, with specific and measurable outcomes, and a commitment to working in partnership with clients.

Length of program

3 years

Units

60 or **66**

(MFT track) (LPCC track)

Format



In-person, online components; weekdays (late afternoon and evening classes)

www.ciis.edu/cmh

Counseling Psychology (MA): Drama Therapy

One of the few drama therapy training programs in the world. Accredited by the North American Drama Therapy Association for the Registered Drama Therapist (RDT) credential.

- Earn educational requirements for California MFT/LPCC licensure training in small, action-oriented classes within a cohort model.
- Hone and apply drama, improvisation, performance, storytelling, and theatre arts skills to psychotherapy and social justice.
- Delve into the complexities of drama therapy in service to groups, individuals, and families in our communities.

Length of program

2.5–3 yrs

Units

60 or **68**

(MFT track) (LPCC track)

Format



Weekdays and occasional weekends

www.ciis.edu/pdt



Counseling Psychology (MA): Expressive Arts Therapy

Established in 1996, the program is one of the few expressive arts therapy programs in the world.

- Train to integrate a wide range of arts modalities into practice in the service of human growth, development, and social healing.
- Integrate painting, drawing, sculpture, dance/movement, puppetry, music, drama, ritual, poetry, writing, and spoken word within therapeutic encounters.
- Study in a program that fully integrates the arts, socio-cultural awareness, and collaborative learning principles into teaching.

Length of program	Units	Format
3 years	60 or 60	
	(MFT track) (LPCC track)	Weekdays and occasional weekends (Fall and Spring) OR online with two residential intensives/year.

www.ciis.edu/exa

Counseling Psychology (MA): Integral Counseling Psychology

Founded in 1973, ICP was the first transpersonally oriented, East-West Psychology graduate program in the world.

- Prepare to work as an MFT or LPCC psychotherapist who can effectively help individuals, couples, and families.
- Integrate Western psychology and the world's spiritual traditions along with others who value transformative and experiential learning.
- Learn to creatively utilize psychodynamic, relational, systemic, and humanistic modalities in a spirituality- and diversity-based context.

Length of program	Units	Format
2.5-3 yrs	60 or 69	
	(MFT track) (LPCC track)	Weekdays or weekends

www.ciis.edu/icp



Counseling Psychology (MA): Somatic Psychology

Founded in 1980, the program is one of a handful of accredited, degree-granting programs offering clinical training in somatic psychotherapy.

- Fulfill your educational prerequisites for the California MFT license through comprehensive clinical training.
- Learn in a structured, unique educational model that provides experiential, theoretical, and technical perspectives throughout the curriculum.
- Train in your practice year at our San Francisco Center for Somatic Psychotherapy or one of more than 160 Bay Area locations.

Length of program	Units	Format
2.5-3 yrs	60 or 71	
	(MFT track) (LPCC track)	Weekdays (Fall and Spring)

www.ciis.edu/som

The Mental Health Services Act (MHSA) Project at CIIS strives to increase the number of students from underrepresented groups in Counseling Psychology programs, including consumers of mental health care services, family members of consumers, people of color, and members of LGBTQ communities. The MHSA Project provides enrolled students with ongoing mentoring, academic support, and access to a variety of cultural activities and trainings related to wellness and recovery.



Human Sexuality (PhD)

This interdisciplinary program draws on queer theory, intersectionality, feminism, history, biology, social sciences, and clinical and policy studies to foster scholars who:

- Shape the interprofessional dialogue on sexuality between researchers, clinical practitioners, policy leaders, and communities of practice.
- Engage research, clinical arenas, and policy arenas through the application of their coursework, proseminars, internships, and optional AASECT certification.
- Expand their holistic sexual literacy knowledge to impact individual and societal change initiatives.

Length of program

4 years

Units

36

Format



In-person academic residencies three times a semester for first two years and online learning

www.ciis.edu/hsx

Integrative Health Studies (MA)

Recipient of an award for academic excellence from the National Wellness Institute, Integrative Health Studies is one of the first accredited graduate programs of its kind.

- Obtain certificates in Integrative Wellness Coaching and Wellness Management, as well as Guided Imagery within the degree program.
- Develop theoretical grounding to evaluate preventive health, lifestyle, complementary medicine, and collaborative care models.
- Acquire practical skills to use as an integrative health practitioner, advocate, researcher, coach, or wellness program manager.

Length of program

2 years

Part-time option available

Units

36

Format



Online (Fall and Spring) with academic residencies in the larger SF Bay Area twice a year.

www.ciis.edu/ihl

The Art Gallery



Our counseling psychology trainees and graduates have a great reputation in the field. Agencies choose our students because they offer an exciting perspective and skill set that integrates mainstream clinical practice and specialized skills such as expressive arts and psychospiritual inquiry.”

– Danielle Drake
Assistant Professor,
Expressive Arts Therapy



3

School of Consciousness and Transformation



Anthropology and Social Change (MA, PhD)

The Anthropology and Social Change program, unique among graduate programs in the U.S., focuses on activist anthropology, activist research, and social justice.

- Work with prominent activist-scholars and progressive organizations in the San Francisco Bay Area.
- Share scholarly ideas, theoretical debates, and research practices in a department that's at the forefront of contemporary anthropology.
- Learn practical skills in organizing, grant writing, policy analysis, legal and environmental work, and media.

Length of program

2 years

(MA)

Units

36

Format



Weekdays (late afternoons and evenings) and occasional weekends with international exchange opportunities (optional)

www.ciis.edu/anth

East-West Psychology (MA, PhD)

The program is designed as an academic hub in which Western psychology and wisdom traditions from around the world come into conversation to create new knowledge.

- Learn a variety of tools and techniques for linking deep self-transformation with societal awakening.
- Study Jungian and transpersonal psychology, ecopsychology, mythology, ancestral traditions, and Eastern and Western spirituality.
- Explore the paths of the scholar, researcher, academic, advocate, writer, mentor, and entrepreneur.

Length of program

2 years

(MA)

Units

36

Format



Weekdays and occasional weekends

www.ciis.edu/ewp

Master of Fine Arts Programs (MFA)

Art-making can be a transformative act that alters—and sometimes revolutionizes—society. Students in our interdisciplinary MFA programs develop innovative, meaningful work that challenges personal and cultural narratives.

- Choose from a specialization in Writing and Consciousness; or Creative Inquiry, Interdisciplinary Arts.
- Create a book-length manuscript, a visual arts exhibition, or a social justice/community arts project.
- Develop your professional identity and network as an artist, supported by faculty, mentors, peers, and guest artists.

Length of program

2 years

Units

48

Format



Weekend intensives or once-weekly class days with intensive residency periods and an international exchange

www.ciis.edu/mfa

Women, Gender, Spirituality, and Social Justice (MA)

This innovative, transdisciplinary program prepares graduates to be change agents and leaders who are guided by vision and purpose.

- Examine gender in the context of social justice and spiritual activism.
- Explore the role of sacred arts and healing in social and ecological change.
- Reclaim personal and spiritual lineages as sources of power and transformation.

Length of program

2 years

Units

36

Format



Weekdays, weekends, and online (Fall and Spring)

www.ciis.edu/wgs

Asian Philosophies and Cultures (MA, PhD)

The program combines traditional and contemporary approaches to classical Asian source materials within an integrative framework, generating new perspectives and applications within the field.

- Engage with current advances in religious studies, philosophy, and related fields.
- Think critically and deeply across paradigms, traditions, worldviews, and ways of knowing.
- Integrate traditional wisdom with the complexities of modernity.

Length of program
2 years

(MA)

Units
36

Format


Weekdays (Fall and Spring)

www.ciis.edu/apc

Philosophy, Cosmology, and Consciousness (MA, PhD)

Founded in 1994, the program is dedicated to reimagining the human species as a mutually enhancing member of the Earth community.

- Study history's most potent ideas in philosophy, science, and religion with renowned faculty members and committed fellow students.
- Explore emerging paradigms that can engage our current planetary situation and contribute to a sustainable and compassionate worldview.
- Focus on knowledge that is transformative—for ourselves and our civilization.

Length of program
2 years

(MA)

Units
36

Format


Weekdays (Fall and Spring)
OR online with two residential intensives/year

www.ciis.edu/pcc

Ecology, Spirituality, and Religion (MA, PhD)

The program cultivates hope in a time of socioecological crisis through rigorous academic inquiry and engaged practice.

- Analyze ecological conditions through the integration of scientific, social, political, religious, and philosophical perspectives.
- Build personal resilience by connecting with a community of engaged scholars and practitioners.
- Gain skills to transform practices, worldviews, and consciousness in service of a just and flourishing future.

Length of program
2 years

(MA)

Units
36

Format


Weekdays (Fall and Spring)

www.ciis.edu/esr

Women's Spirituality (PhD)

Founded in 1992, this is the first program in the U.S. to offer a doctoral concentration in Women's Spirituality within the field of Philosophy and Religion.

- Explore multicultural perspectives on the Divine Feminine, women's spiritual practices, and ecosocial change.
- Conduct original research grounded in transdisciplinary and integral feminist methodologies.
- Strengthen scholarly teaching and writing skills to become a leading expert in your chosen field.

Length of program
2 years

Coursework, followed by comprehensive exams, proposal, and dissertation

Units
36

Format


Weekdays, weekends, and online (Fall and Spring)

www.ciis.edu/wse

Online Degree Programs

Integral and Transpersonal Psychology (PhD)

This program provides education in transformative psychologies of the whole person in intimate relationship with a diverse, interconnected, and evolving world.

- Find your place in a community of practitioners, researchers, and scholars who are building whole-person approaches to psychology.
- Develop your mind in a connected and embodied way as you contribute to scientific research and scholarship.
- Learn skills to become a change agent in your field and make the world a little better.

Length of program

3 years

Coursework (part-time), plus time for dissertation completion

Units

36

Format



Online with residential intensives in the SF Bay Area twice a year

www.ciis.edu/itp

Transformative Leadership (MA)

Initiated in 2004, the Transformative Leadership MA program focuses on the creative development of an individual leader's:

- Self-awareness and personal growth: finding the leader within
- Ability to define and lead change in the 21st century
- Actionable skills as a creative leader

Length of program

2 years

Units

36

Format



Online (Fall and Spring) with residential intensives in the SF Bay Area twice a year

www.ciis.edu/tld



Get Your Degree ONLINE

CIIS, FOR ALMOST TWO DECADES AS A FORERUNNER IN ONLINE TEACHING, HAS OFFERED A REMARKABLE ONLINE EDUCATIONAL EXPERIENCE.

Distinguished international faculty members offer an interactive online curriculum, combining self-reflection and personal growth with rigorous academic inquiry. Our programs are designed for individuals living across the U.S. and around the world who wish to be thought leaders, as well as action leaders. Students connect in a virtual classroom and in biannual residential retreats in the San Francisco Bay Area.

Transformative Studies (PhD)

Housed in a department that has 20 years of online teaching experience, the degree is designed for scholars who intend to:

- Become thought leaders in their chosen field and make an original transdisciplinary research contribution
- Develop the ability to participate in the scholarly discourse through publication
- Engage in academic inquiry as a creative and collaborative process of personal and social transformation

Length of program

2 years

Coursework, plus time for proposal and dissertation

Units

36

Format



Online (Fall and Spring) with residential intensives in the SF Bay Area twice a year

www.ciis.edu/tsd



“I think CIIS is at the forefront of progressive education and is doing something really important. If CIIS didn't exist, I would not be in school, and I think that's true for a lot of the student body.”

— Zoe Bender
Student,
MFA Program



4

American College of Traditional Chinese Medicine (ACTCM)

Doctorate of Acupuncture and Oriental Medicine (DAOM)*

This postgraduate doctorate provides students with the opportunity to deepen their knowledge of Chinese medicine, enhance their clinical skills, and explore a specialization, while maintaining an active practice.

- Develop your specialty through observation and externship hours in collaboration with other practitioners.
- Study with innovative, distinguished clinicians in the field of acupuncture and Chinese medicine.
- Contribute to the advancement of the field through case studies, presentations, and a culminating capstone project.

Length of program	Units	Format
2 years + 1 semester	50.5	 Modular-based; once a month 3-4 days, Friday through Monday

www.ciis.edu/daom

Transitional Doctorate in Acupuncture and Chinese Medicine (DACMt)

The transitional doctorate is open to master's graduates from Chinese medicine and Oriental medicine programs who wish to obtain a first professional doctorate (DACM).

- Advance your skills with training focused on integrative care and research literacy.
- Learn with a community at the forefront of integrative care, public health, and holistic wellness.
- Complete your doctorate in eight months with classes taught online and in convenient four-day modules.

Length of program	Units	Format
2 semesters	21	 Modular-based; once a month 4 days, Friday through Monday, and online

www.ciis.edu/dacmt

FOUNDED IN 1980, ACTCM IS ONE OF THE OLDEST COLLEGES OF CHINESE MEDICINE IN THE UNITED STATES

Distinguished faculty and a rigorous curriculum have established ACTCM as an exceptional college that attracts students from around the world. ACTCM offers a master's degree, first professional doctorate, and postgraduate doctorate in acupuncture and Chinese medicine, as well as a broad selection of certificate programs, public classes, and continuing education courses. ACTCM joined CIIS as its fourth school on July 1, 2015.

Master of Science in Traditional Chinese Medicine (MSTCM)*

A comprehensive program that emphasizes hands-on clinical training with theoretical study, creating a strong foundation for a career as an acupuncturist.

Doctorate of Acupuncture and Chinese Medicine (DACM)**

A first professional doctorate that incorporates the MSTCM curriculum with advanced training in research; research literacy; and integrative, patient-centered care.

MSTCM and DACM Programs

- Master the material to take the California licensure and national certification exams.
- Provide care to patients at ACTCM's on-site clinics, as well as several integrative clinical sites around the Bay Area.
- Study with world-renowned faculty, including experts in acupuncture and herbal medicine, as well as Western-trained health care practitioners.

Length of program	Units	Format
4 years	176 or 192 (MSTCM) (DACM)	 Weekdays (Fall, Spring, and Summer)

www.ciis.edu/dacm

* Accredited by the Accreditation Commission of Acupuncture and Oriental Medicine (ACAOM).

** Approved by the Accreditation Commission of Acupuncture and Oriental Medicine (ACAOM).



Stay engaged.

Participate in one of our lively forums and conferences, such as **Expanding the Circle**, aimed at advancing LGBTQ initiatives in higher education, or the **Symposium on Integral Consciousness**.

Expand your thinking and ways of seeing.

Through **The Arts at CIIS** and **Public Programs & Performances**, we host vibrant art exhibitions, as well as a dynamic array of workshops, concerts, and educational events.

Leading scholars and speakers from around the world, such as **Dr. Cornel West, Jon Kabat-Zinn, Laverne Cox, Cheryl Strayed, Issa Rae, and Paul Stamets**, enrich your intellectual experience and offer paths to new insight about yourself and society.

www.ciis.edu/publicprograms



California Institute
of Integral Studies

The San Francisco Bay Area

One of the most progressive regions in the world, the San Francisco Bay Area is also one of the greenest.

Voted “America’s Best City,” and one of the most bike-friendly, San Francisco is long on eco-conscious restaurants and businesses, organic farmers’ markets, and communities working for social justice and a sustainable Earth.

Access to Everything

From our Mission Street campus, take public transit to a plethora of cultural events and attractions, such as free concerts at Golden Gate Park, exhibitions at the Museum of the African Diaspora and the Asian Art Museum, Oakland’s eclectic First Fridays arts festival, Litquake—and even a Giants game.

The natural beauty of the Bay Area is also within easy reach: majestic, ancient redwoods; rugged coastlines; surfable beaches; hikeable mountains; and National Wildlife Refuges.

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